

Sample Programme of the Week



ADVENTURE
INTERNATIONAL

Day	Morning Activity	Meal	A.M. Activity	Meal	P.M. Activity	Evening Activity	Meal	Evening Entertainments	
Sunday								Meet Tutor Tour Centre	Meet & Mix Disco
Monday	Run	Breakfast See sample menu	Surfing	Lunch See Sample Menu	Kayaking	Beach Walk & Games	Evening Meal See Sample Menu	Karaoke	Parachute Games
Tuesday	Swim		Mountain Boarding		Canoeing	It's a knockout		Fancy Dress Disco	Tug of War
Wednesday	Run		Abseiling		Caving	Mapout		Talent Night Disco	Five a Side Football
Thursday	Swim		Team Trail		Body Boarding	Presentation Evening			
Friday			Climbing & High Ropes		Depart				

During all of the children's free time including meals and evening Entertainments the centre is free for them to do as they please.

The Astroturf and lounge are available for games and a differing DVD is shown each evening in the T.V. Lounge for those who do not wish to become involved with the Evening Entertainments.